



General Admission Policy

Admission to the Leisure Centre is subject to the centres admission fees either membership or pay as you go charges.

Members must scan to record their attendance and gain access.

Admission to the Leisure Centre is based on a current timetable which is subject to change.

Sauna/Steam room is strictly for over 18s.

All PAYG patrons must sign a Health Screening Waiver before entry.

All Gym users must complete an induction before working out in the Gym.

Children under 16 yrs must vacate the Gym by 6pm

If you know or are concerned, that you may have a medical condition which might interfere with exercising safely you should get advice from a medical professional and follow any advice given before using the facility.

Main Pool bather load is 72 and Learner Pool bather load is 22 persons.

During pool parties/swimming lessons a parent is requested to stay on site. Staff must be notified on booking if anyone joining has special needs/medical requirements.

For health & safety reasons we stipulate that there is a 2-hour maximum stay in our facility. If you exceed the recommended duration, you will be asked to leave.

Please follow the rules and advice on display for the various activities at the facility. These rules and information are in place to ensure that everyone may continue to enjoy a safe and pleasant facility. Any persons that do not abide by the rules set out by Management of RLC may be asked to leave.